

# AUSTRALIA DAY TRIATHLON

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## SWIM

The swim will be in the Swan River approximately 20 metres from the shoreline in a straight line or a rectangle with the outermost section being approximately 60 metres from the shoreline.

### REQUIREMENTS:

Bathers, Goggles, Swim Cap, Sunscreen



## CYCLE

From the Transition the Cycle Mount is on Honour Avenue Car Park. The course follows Honour Avenue, Carroll Drive and Burke Drive to turn at Mottley Street. Return is via Burke Drive, Carroll Drive and Honour Avenue to Point Walter Jetty turn.

LAP DISTANCE: 7km

### REQUIREMENTS:

Bike, Helmet, Shoes, Shirt/Top, Water Bottle



## RUN

The run is an out and back course along the pedestrian path. From Transition the course follows the path East, crossing Honour Avenue and continuing South along the foreshore fence of Attadale Reserve. Distance markers along the pedestrian path will indicate course turning points for different course distances.

LAP DISTANCE: 2km, 3km, 5km

### REQUIREMENTS:

Running Shoes, Cap, Sunscreen

## EVENT LOCATION

Point Walter Reserve  
Honour Avenue West, Bicton  
Located off Canning Highway via  
Burke Drive or Point Walter Road

## EVENT PARKING

Parking is available in Car Parks along Honour Avenue (both sides of jetty) and along the verge.

**NO PARKING IN GOLF CLUB CAR PARK.**

## TRANSITION

Located on Honour Avenue West below the Point Walter Tennis Courts. The surface is grass with bike racks positioned in the centre of the park. Registration Marquees are located above the Transition in the marquees with the category signage.

## FACILITIES

Toilets & Showers: located near Cafe, Tennis Courts and along main Boat Ramp Car Park.

BBQ's: located on Point Walter Reserve and on River Foreshore.



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### KEY

- T** TRANSITION AREA
- F** FINISH
- P** PARKING
- No P** NO PARKING
- ♿** TOILETS
- Swim** SWIM COURSE
- Cycle** CYCLE COURSE
- Run** RUN COURSE

COURSES  
MAP



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HONOUR AVENUE

SWIM ENTRY

CYCLE ENTRY

CYCLE DISMOUNT

CYCLE MOUNT

CYCLE EXIT

RUN EXIT

TRANSITION

## KEY



FINISH



PARKING



NO PARKING



TOILETS



SWIM COURSE



CYCLE COURSE



RUN COURSE

